

Biennial Drug and Alcohol Abuse Prevention Program Review

Delaware County Community College

Drug Free Schools and Community Act

Fall 2018 Spring 2020

Prepared Spring 2021



## Introduction to Delaware County Community College

Delaware County Community College was founded in 1967 and has grown to serve more than 28,000 students each year in Delaware and Chester Counties. Fall 2019 enrolled 10,357 students (7,122 full-time equivalents).<sup>1</sup> With six major locations that offer a total of 27 career associate degree, 23 transfer associate degree and 38 certificate programs, it has been the convenient college choice for our community for decades. The College also employs about 1,500 people.

The **mission** of Delaware County Community College is to facilitate learning by providing quality educational programs and services that are student-focused, accessible, comprehensive and flexible to meet the educational needs of the diverse communities it serves. In doing so, the College will enable its students to develop themselves to the limit of their desires and capabilities and to be successful.

Delaware County Community College focuses on student success by delivering quality, affordable and responsive educational opportunities in a technologically rich and supportive learning environment. Our goal is to be respected as innovators and partners in meeting the potential to compete and contribute in a regional workforce and a global society.

Through the experiences at Delaware County Community College, students will find that the and lifelong learning. With integrity and respect, the College offers our students, faculty and staff a commitment to academic excellence and diversity that improves our entire community.

Delaware County Community College is the center of educational opportunity in Delaware and Chester counties. We welcome and serve all who seek academic achievement, career advancement or personal fulfillment. The quality, range and accessibility of our programs and workforce and the needs of our dynamic community.

Student success is the alignment of College-wide policies, programs, activities, philosophies and emphasis on traditionally under-served student populations.

Delaware County Community College recognizes that diversity enriches life, creates energy and makes us aware that we share a common humanity. We are committed to fostering a climate that promotes understanding, appreciation and respect for the rights of all people. Our mission only succeeds to the extent that all members of our community are welcomed and empowered to achieve their personal, educational and career goals.

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[Violations of the Student Code of Conduct](#) could result in sanctions up to and including expulsion from Delaware County Community College. Any potentially dangerous situation should be reported immediately to the Department of Safety and Security.

The College recognizes it has an obligation to establish and maintain a drug-free workplace and learning environment. Employees are expected to be physically and mentally able to safely and effectively perform their essential functions. Violations of this policy may result in disciplinary action up to and including termination.

The College will conduct a review of this policy every two years. This biennial review will include an evaluation of the effectiveness of this policy and programs related to it and ensure that the policy has been consistency enforced. The College will implement changes to the policy through its normal procedures. Biennial review documents will remain on file for compliance purposes.

and Alcohol Abuse Prevention Policy including standards of conduct, possible sanctions that may be imposed by the College and law enforcement agencies, the health risks associated with drug and alcohol use, and counseling and treatment available.

## **Reviewing the AOD Prevention Program**

Over the past two years (2016-2018), a collaborative effort has been made by many departments of the College to provide a comprehensive and versatile Drug and Alcohol Prevention Program. These offices include Campus Life, Athletics and Recreation, the Health and Wellness area, and the Career and Counseling Center. The endeavors of these departments have helped to provide students with a plethora of experiential workshops, printed materials, and other educational means for learning about the health risks of drugs and alcohol while also highlighting prevention and avenues for help and support.

## **Career and Counseling Center Workshops**

## Fall 2016

Title	Date	Location	Summary	Attendance	Evaluation
The Link: Partying and Sexual Assault	11/10/2016	Exton Center	This workshop will provide factual information about contributing factors such as peer pressure, drug & alcohol use, and communication in date rape situations. Discussion will include the legal definition of consent, barriers to reporting sexual violence, and how to help someone you may know who has been a victim.	3	Well-attended for Exton and the students walked away with valuable information.
The Link: Partying and Sexual Assault	11/17/2016	Downingtown campus	This workshop will provide factual information about contributing factors such as peer pressure, drug & alcohol use, and communication in date rape situations. Discussion will include the legal definition of consent, barriers to reporting sexual violence, and how to help someone you may know who has been a victim.	3	Well-attended for Downingtown and the students walked away with valuable information.

## Spring 2017

Title	Date	Location	Summary	Attendance	Evaluation
Special Movie Screening & Discussion: It Happened Here	3/9/2017	Exton Campus	It Happened Here, is a compelling documentary from director Lisa F. Jackson and producer Marjorie Schwartz Nielsen. It explores sexual assault on campuses through the personal testimonials of five survivors who transform their experiences into a springboard for change.	3	
It's On Us Pledge Drive to End Sexual Violence on College Campuses	4/6/2017	Exton Campus	Sign up table for students to complete the It's On Us Pledge	4	
Drug and Alcohol Information Table	4/11/2017	Exton Campus	Information table regarding alcohol, tobacco, and other drug use and treatment; addiction and recovery.	0	Unfortunately no one was available to staff the table. So materials were just set up.







Title	Date	Location	Summary	Attendance	Evaluation
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Representative from the  
Delaware County Community  
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Collegiate  
Alcohol  
Awareness  
Week

10/16/2017

Marple  
Campus

Title





Title	Date	Location	Summary	Attendance	Evaluation
			information about health & wellness. They covered smoking, drug use, stress, sexual health and other pertinent health topics.		knowledgeable. This is a great partnership between the Wellness Center and our students.
Kick Butts Day	3/21/2018	Marple Campus	Wellness Center provided quit kits and information about the health risks of smoking and smoking cessation resources in the community	15	Table was well attended.
Confronting Rape Culture: Thirteen Reasons Why	3/22/2018	Exton Center	Remember Hannah Baker? This workshop will explore the pervasiveness of rape culture in the Netflix series Thirteen Reasons Why. Please be aware that sensitive material will be discussed.		
Stress Relief	4/3/2018	Marple	Wellness Coordinator provided a workshop on finding relief from stress. A highlight was preventing stressful situations, healthy ways to deal with stress and why having a stress tool box can help in overall wellness.	20	Well attended. This was held during a meeting of the TACO Tuesday student group and many new students attended as well.
Student Health Resource Fair	4/12/2018	Southeast Center	The Wellness Center partnered with DCCC Nursing students for their community health rotation to provide students on branch campuses information about health & wellness. They covered smoking, drug use, stress, sexual health and other pertinent health topics.	20	Very well received event. Students are drawn to the event because our nursing students are approachable and knowledgeable. This is a great partnership between the Wellness Center and our students.
The Clothesline Project: Make your Voice Heard!	4/19/2018	Exton Center	For those who have been affected by violence, it is a means of expressing your emotions by decorating a t-shirt. After the shirts have been decorated, they are hung on a clothesline display. The intention of the display is to honor survivors and act as a memorial for victims.		

Title	Date	Location	Summary	Attendance	Evaluation
Student Health Resource Fair	4/26/2018	Upper Darby	The Wellness Center partnered with DCCC Nursing students for their community health rotation to provide students on branch campuses information about health & wellness. They covered smoking, drug use, stress, sexual health and other pertinent health topics.	20	Very well received event. Students are drawn to the event because our nursing students are approachable and knowledgeable. This is a great partnership between the Wellness Center and our students.
It's On Us Pledge Drive to End Sexual Violence on College Campuses	TBD	Exton Center			

The Offices of Campus Life and Health and Wellness have presented a variety of programs, displays and information tables. Some hundreds of students participated in these programs.  
The

These notifications are sent out early in both the Fall and Spring Semesters. This is done purposefully so that we can also advertise the AOD programs available throughout each semester. As previously stated, AOD programs are advertised on the portal, on the Coll webpage, through Netpresenter, Facebook, bulletin boards, and various emails and printed documents.

Appendix 1 contains documents related to AOD and notification including the Alcohol and Drug Abuse Prevention at Delaware County Community College (the document used in AOD -Free Workplace Policy, Letter from the Vice Provost to new students referencing the AOD program, and relevant excerpts from the Student Code of Conduct.

### **Enforcement of Sanctions**

Page 24 of Appendix 1, and other drug infractions. The College takes each infraction very seriously and works diligently to ensure that a student receives due process while also imparting the appropriate sanction when necessary.

From the Fall 2016 semester until the Summer 2018 semester, there were several alcohol and drug violations (details below). The tobacco cases saw a significant drop since the Tobacco Free Campus police was initiated in Summer 2013. Alcohol and drug cases were reported by Security, Lincoln University, students, or other offices to our Director of Student Conduct who initiated the conduct procedures in accordance with the standards established in the Student Code of Conduct. All tobacco cases came via Security. The Office of Student Conduct works diligently to ensure that all cases are adjudicated in an unbiased and consistent manner, following the

### **Drug and Alcohol Cases at the College 2018-2019**

One student with off-campus arrest for distribution of drugs. Due to unrelated on-campus incident, student has not returned to DCCC and has hold on account.

One former student arrested off-campus for driving under the influence of drugs. Hold placed on account.

One individual who had applied to DCCC but never enrolled arrested off-campus from drug distribution. Hold placed on account.

One of-age student transported to hospital from Downtingtown campus for alcohol intoxication. Student placed on Disciplinary Probation, assigned to meet with campus counselor, Office of Disability Services, and meet with off-campus therapist.

One student was recorded as a Behavioral Intervention Team report for having told his instructor about his drinking concerns. A counselor gave the faculty member resources.





in the employee's household with problems associated with the use of illegal drugs and alcohol. Early intervention can prevent problems from developing and interfering with work and life.

From Fall 2018 through Summer 2020 no faculty or staff members were disciplined for alcohol or drug violations. Many employees did utilize Carebridge, however, it is not known what assistance they were requesting.

### **Recommendations for Revising AOD Programs**

Reform committee. The Director of Wellness left the institution and the current Coordinator position was furloughed over the pandemic (this report only covers through Spring 2020) and not rehired.

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# Appendix 1

## Copies of the policies and notifications distributed to students and employees:

### 1. Alcohol and Drug Abuse Prevention at Delaware County Community College

#### *Purpose*

Delaware County Community College is committed to the establishment and maintenance of a drug-free workplace and learning environment to protect the health, safety and welfare of all its College community members. Therefore, the College establishes the following policy regarding drug and alcohol abuse prevention.

#### *Goals*

Educate students and staff on the harmful effects of alcohol and other drugs.

Create an alcohol and other drug free campus.

Inform students and staff of the hazards of smoking, and its being considered a harmful substance that is both addictive

Teach and empower students and staff to take personal responsibility for their own health, safety, and well-being.

Provide education programming and experiential activities to disseminate the impact drugs, alcohol, and tobacco can have on self, others, and relationships.

#### *Policy*

The College prohibits the unlawful manufacture, distribution, dispensing, possession or use of a controlled substance including alcohol in any facility owned, leased or used by the College. Alcoholic beverages shall not be bought, consumed, or sold at the College except as authorized by the Board of Trustees.

The College will comply with all laws and regulations required by the federal government, the Commonwealth of Pennsylvania, or local governing bodies and will cooperate with local, state and federal authorities to ensure compliance with laws for unlawful use, possession, manufacturing, distribution or sale of illegal drugs or alcohol. Students are advised that violations of the laws can lead to fines and/or imprisonment.

Violations of the [Student Code of Conduct](#) could result in sanctions up to and including expulsion from Delaware County Community College. Any potentially dangerous situation should be reported immediately to the Department of Safety and Security.

The College recognizes it has an obligation to establish and maintain a drug-free workplace and learning environment. Employees are expected to be physically and mentally able to safely and effectively



performance, workplace productivity, and military preparedness; reduces crime and criminal justice expenses; reduces motor vehicle crashes and fatalities; and lowers health care costs for acute and chronic

<http://www.surgeongeneral.gov/initiatives/prevention/strategy/preventing-drug-abuse-excessive-alcohol-use.html>.

### **Summary of Health Risks from Alcohol and Drug Abuse**

Below is a summary of health risks associated with [alcohol abuse](#) and use of specific drugs from The National Institute of Drug Abuse.

**Alcohol:** Ethyl alcohol, or ethanol, is an intoxicating ingredient found in beer, wine, and liquor. Alcohol is produced by the fermentation of yeast, sugars, and starches. It is a central nervous system depressant that is rapidly absorbed from the stomach and small intestine into the bloodstream. A standard drink equals 0.6 ounces of pure ethanol, or 12 ounces of beer; 8 ounces of malt liquor; 5 ounces of wine; or 1.5 ounces (a "shot") of 80-

**Effects:** Club drugs have various effects. GHB is a sedative and at high doses may result in sleep, coma or death. Rohypnol and GHB have been used to commit sexual assaults (date rape,



**Effects:** PCP is a  
produces feelings of detachment from the environment and self. Other effects include symptoms  
that mimic schizophrenia, such as delusions, hallucinations, paranoia, disordered thinking, and a

**Prescription Drugs:** The classes of prescription drugs most commonly abused are: opioid pain relievers,  
such as Vicodin or Oxycontin; stimulants for treating Attention Deficit Hyperactivity Disorder (ADHD),  
such as Adderall, Concerta, or Ritalin; and central nervous system (CNS) depressants for relieving

**Effects:** Nicotine is very addictive. Cigarette smoking accounts for about one-third of all cancers, including 90 percent of lung cancer cases. Smokeless tobacco (such as chewing tobacco and snuff) also increases the risk of cancer, especially oral cancers. In addition to cancer, smoking causes lung diseases such as chronic bronchitis and emphysema, and increases the risk of heart disease, including stroke, heart attack, vascular disease, and aneurysm. Smoking has also been linked to leukemia, cataracts, and pneumonia. On average, adults who smoke die 14 years earlier



3. It is a crime intentionally and knowingly to sell or intentionally and knowingly to furnish or to purchase with the intent to sell or furnish, any liquor or malt or brewed beverages to any minor (under the age of twenty- or allow a minor to possess on premises or property owned or controlled by the person charged. Penalty for a first violation is \$1,000; \$2,500 for each subsequent violation; imprisonment for up to one year for any violation.
4. It is a crime for any person under twenty-one years of age to possess an identification card falsely identifying that person as being twenty-one years of age or older, or to obtain or attempt to obtain liquor or malt or brewed beverages by using a false identification card. Penalties are stated in (2) above.
5. It is a crime intentionally, knowingly or recklessly to manufacture, make, alter, sell or attempt to sell an identification card falsely representing the identity, birthdate, or age of another. Minimum fine is \$1,000 for first violation; \$2,500 for subsequent violations; imprisonment for up to one year for any violation.
6. It is a crime to misrepr is 79216.8.00000912 0 612 792 re0056>600000C001108>20004C7-600580053000



ranging from one year to an indefinite period depending on the nature of the offense and whether the student is a repeat offender.

## **2. Drug-Free Workplace Policy**

Delaware County Community College is committed to the establishment and maintenance of a drug-free workplace. In accordance with this policy:

1. Delaware County Community College prohibits the unlawful manufacture, distribution, dispensing, possession or use of a controlled substance in any facility or on any campus

3.



6. *Dismissal - Separation of the student from the College and prohibition of entering College premises for a definite period of time, after which the student is eligible to return. Conditions for readmission may be specified.*

7. *Expulsion – Permanent termination of the student’s enrollment from the College and prohibition of entering College premises.*

8. *Other sanctions – Consistent with the severity of the violation, additional or alternate sanctions, including but not limited to, restrictions on participation in certain College-sponsored activities, oral or written apologies, educational activities/projects, attendance at counseling sessions, and/or participation in College or community service. Failure to respond to any communication from the College when behavior is under review may result in a decision being made in the student’s absence.*

*It is the responsibility of the student to ensure that he or she has updated contact information with the Student Record’s Office, including address and telephone number and to check and reply to his or her College e-mail address.”*



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Appendix 3

## CAREBRIDGE SUMMARY OF BENEFITS

## Person Convenience

Via the telephone, your professional Carebridge Work-Life counselor will provide unlimited consultation, referrals and information assisting in the resolution of your needs.

Carebridge is available 24 hours a day, 7 days per week by calling **800-437-0911**. Carebridge also maintains a website at **[www.myliferesource.com](http://www.myliferesource.com)**. The College Access Code is **CR9MY**. Online services include a wealth of additional information to support the counseling services including child care and elder care locator databases, legal document center, Shoppers Discount Center and wellness tutorials.

Attached is a convenient wallet card and brochure detailing the Work-Life and EAP services Carebridge provides. We encourage you to take advantage of these exceptional Carebridge services and are confident they will provide immediate and significant value in successfully manage work and personal or family issues.

Appendix 4

## COMMUNICATION ON OPIOID CRISIS